



# Outdoor Social Skills Group

**Our six-week summer program is a unique, outdoor social skills training program for children ages 8-11.**

## **This group is effective in helping children:**

- Focus on team building and cooperation
- Learn alternative coping strategies to deal with stressful situations
- Take responsibility for actions
- Walk in another person's shoes
- Improve self-esteem
- Encourage self-awareness in group members

**This group meets once a week in the early evening at Eakin Park on Prosperity Road, Fairfax.**

**For more information, please call us at (703) 876-8480 Ext. 10**

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