



School Starter Group

Our six-week summer program is a unique, indoor school readiness training program for children ages 6-11 and their parents.

This group is effective in helping children:

- Verbalize feelings rather than act them out
- Learn alternative coping strategies to deal with stressful situations
- Take responsibility for actions
- Walk in another person's shoes
- Improve self-esteem
- Encourage self-awareness in group members
- Gear themselves to put their best social selves out there for the upcoming school year

For more information, please call us at (703) 876-8480 Ext. 10