



## Upcoming Speaking Events

### **CHADD National Regional Conference**

### **Raise Your Social IQ: Stepping Stones to People Skills for AD/HD Adults**

Saturday May 22, 2010, 1:30-3:00pm  
Hyatt Regency Reston, 1800 Presidents St. Reston, VA 20190

Positive social relationships clearly play a vital role in the AD/HD adult's emotional health and well being. Interpersonal connections lead to improved academic and work performance, more satisfying family relationships, better physical and mental health, and more successful careers. In this invigorating workshop, Cathi Cohen, author of "Raise Your Child's Social IQ", will highlight key social skills necessary for the AD/HD adult to make and maintain relationships with others. Ms. Cohen will offer creative tips, techniques, and games that will raise the AD/HD adult's social IQ.

**We look forward to seeing you there!**